

U6-U11 Field Sizes

Age Group	Min Width	Max Width	Min Length	Max Length
U6	18 Meters	22 Meters	25 Meters	30 Meters
U7/8	20 Meters	25 Meters	30 Meters	36 Meters
U9/10	30 Meters	36 Meters	40 Meters	55 Meters
U11/12	42 Meters	55 Meters	60 Meters	75 Meters

U6-U11 Goal Sizes

Age Group	Goal Length	Goal Height	Options
U6	8 feet / 2.438 Meters	5 feet / 1.524 Meters	anything smaller
U7/8	8 feet / 2.438 Meters	5 feet / 1.524 Meters	anything smaller
U9/10	12 feet / 3.657 Meters	6 feet / 1.83 Meters	none
U11/12	18 feet / 5.486 Meters	6 feet / 1.83 Meters	none

Ball sizes

Age Group	U6	U7/8	U9/10	U11/12
Ball Size	3	3	3 or 4	4

Game Duration

Age Group	U6	U7/8	U9/10	U11/12
Duration	2 x 15 minutes	2 x 15 minutes	2 x 25 minutes	2 x 30 minutes
Half Time	5 minutes	5 minutes	5 minutes	5 minutes