



"Grassroots Development Service Plan"

BC SOCCER PROVIDES A VISION AND AN ESSENTIAL SERVICE FOR GRASSROOTS SOCCER IN BRITISH COLUMBIA

Vancouver BC, Following a province wide membership consultation in fall of 2011, BC Soccer is pleased to announce the introduction of the **BC Soccer Grassroots Development Service Plan.**

This province wide program has been developed to assist its member clubs delivering effective and responsible Grassroots Coaching and Player Development programming throughout the year.

"BC Soccer recognizes the value of Grassroots programming as a vehicle for education, promotion, social and sporting development with an ultimate benefit to player advancement and retention. We look forward to this program assisting all our members" stated Bjorn Osieck Executive Director of BC Soccer

The creation and content of this player centered but coach driven workshop style initiative has been derived from the Canadian Soccer Associations Long Term Player Development (LTPD) vision.

This framework provides coaches an opportunity to create healthy environment for children to develop their physical literacy, as well as acquiring fundamental soccer skills for participants from stage 1 through to stage 7 of LTPD.

"As we enter a new phase of player development within British Columbia, players and coaches will be able to benefit from and be part of a two (2) stream pathway for development which will focus on GRASSROOTS and high performance activities" said Michael Findlay Director of Soccer Development for BC Soccer.





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These age specific *GRASSROOTS WORKSHOPS* will be free to members and be delivered by the recently appointed twenty (20) BC Soccer Grassroots Development Tutors. These tutors, who have been fully trained in grassroots development content and techniques, have been assigned a group of clubs within the membership which they will be responsible for meeting with, presenting and assisting in a clubs overall grassroots programming.

This service will include the establishment of a clubs annual plan including the scheduling and delivery of grassroots workshops and the scheduling of BC Soccer delivered coaching certification courses.

"The Grassroots Development Service Plan has been established to provide our member Clubs and District Associations with a network of knowledge and expertise, to ensure that participants in their clubs receive quality instruction and better understandings of what constitutes good soccer programming" concluded Findlay



Information provided in the Grassroots Development Service Plan workshops will enhance participants understanding of what constitutes responsible and effective soccer programming; as it is designed to enable the coach to plan stage specific training sessions that follows practical coaching experience, which is supported by scientific research.



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Outline

This player centered, coach driven initiative will be offered to all Member Club/ District Associations for free, which will be based on a 3 hour workshop. Each workshop consists of three (3) delivery options for the Member Club/ District Associations to select for its coaches.

- *Workshop 1: Stage One and Two of LTPD - Active Start and Fundamentals*
- *Workshop 2: Stage Three of LTPD - Learning to Train*
- *Workshop 3: Stage Four through Seven of LTPD - Training to Train to Active for Life*

All workshops will be delivered by qualified BC Soccer Grassroots Development Tutor and the Soccer Development Staff of BC Soccer.

Overview

Workshop Introduction

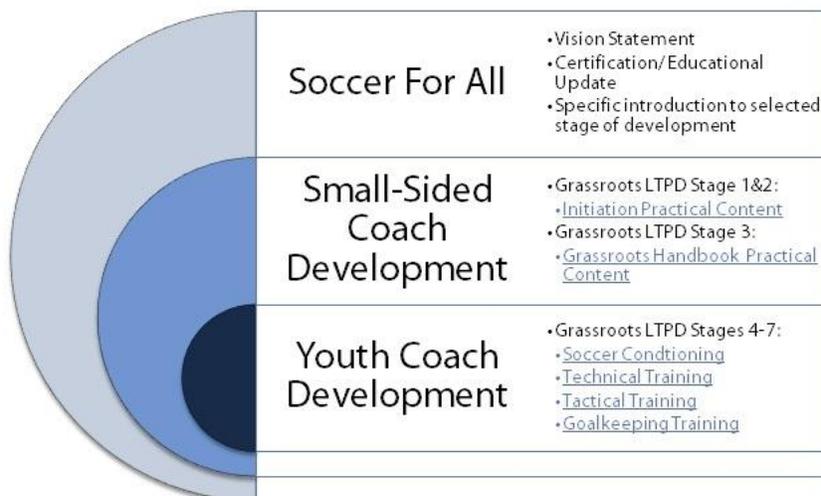
All clinics will begin with introductions, which consist of Canadian Soccer Association, LTPD and BC Soccer updates; information regarding the Coaching Certification/ Education program and pathway; as well as a specific theoretical introduction to the Grassroots stages of development selected within the registration process.

Small-Sided/ Mini Soccer Coach Development

Grassroots workshops for LTPD Stages 1&2 and LTPD Stage3 are practical sessions designed to engage the coach, giving them an excellent opportunity to learn how to prepare and organize practice, focusing on introducing fundamental movement and soccer skills.

Youth Soccer Coach Development

Grassroots workshop for Stages 4-7 clinics are practical sessions designed to include Coaches while incorporating youth players that will demonstrate current developmental practices focusing on: **Soccer Conditioning; Technical Training; Tactical Training; and Goalkeeping Training**





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Registration Process and Support

Grassroots Development Workshops may be booked through a clubs assigned BC Soccer Grassroots Development Tutor by any member Club/ District Association that is currently in good standing with the BC Soccer.

On an annual basis, the Grassroots Development Tutors will provide all Member Club/ District Associations with the appropriate documents that will allow them to set up a Grassroots Development Workshops in their area. This universal calendar will provide an opportunity to address the unique needs for the various any members Club or District Association.

Each participant within the workshops will receive a detailed Grassroots Development Handbook or stage specific material to provide ongoing assistance within their environment of coaching and participation.

Within the process of registration, any member Club or District Association may select **one** of the following options from the Grassroots Service Plan menu. This selection will be in addition to the *'Workshop Introduction*.

GRASSROOTS DEVELOPMENT SERVICE PLAN

<input checked="" type="checkbox"/>	Workshop Introduction
<input type="checkbox"/>	Grassroots LTPD Stage 1&2
<input checked="" type="checkbox"/>	Grassroots LTPD Stage 3
<input type="checkbox"/>	Grassroots LTPD Stages 4-7

Sample Request

The details of a clubs workshop will be arranged by the Grassroots Development Tutor and oversight of the program and process will be monitored by the Grassroots Department of BC Soccer.

FIFA's Grassroots program mandate is designed to engage as many people as possible in the game, instil human values and bring enjoyment to participants by allowing them the opportunities to be involved in the world's most popular game.

It is the hope of BC Soccer that the Grassroots Development Service Plan will provide the same awareness and mandate for BC Soccer and its membership for years to come.