

Hello U9 Boys Coaches,

Please see below for details on the U9 boys division, and game format as per BC Soccer Long Term Player Development. Please let us know if you have any questions.

Meets: Saturdays

Time: See TeamSnap Schedule

Game Day format:

Time on Schedule is kick off, practice to be done prior to kick off

Game: **6v6 (incl. goalie)**

2- 25 minute halves (5 minute half time)

Substitutions: unlimited at stoppages and with permission of referee

Field: Paint lined U10 field

Net: 6x12 net

Referee: Referees provided.

Retreat line: Halfway line

Note: It is important to follow the game format set by BC Soccer/Canada Soccer in regards to players on the field. Following the format allows for players on the field to have more time on the ball and be involved in the play, which will have a positive impact on their development.

Hello U11 Boys Coaches,

Please see below for details on the U11 boys division, and game format as per BC Soccer Long Term Player Development. Please let us know if you have any questions.

Meets: Saturdays

Time: See TeamSnap schedule

Game Day format:

Time on Schedule is kick off, warm up to be done prior to kick off

Game: **8v8 (incl. goalie)**

2- 30 minute halves (5 minute half time)

Substitutions: unlimited at stoppages and with permission of referee

Field: Paint lined super 8 field

Net: 6x18 net (on field)

Ball: Size 4

Referee: Referees provided.

Retreat line: 1/3 retreat line

Note: It is important to follow the game format set by BC Soccer/Canada Soccer in regards to players on the field. Following the format allows for players on the field to have more time on the ball and be involved in the play, which will have a positive impact on their development.

Hello U13 Boys Coaches,

Please see below for details on the U13 boys division, and game format as per BC Soccer Long Term Player Development. Please let us know if you have any questions.

Meets: Saturdays

Time: See TeamSnap schedule

Game Day format:

Time on Schedule is kick off, warm up to be done prior to kick off

Game: **9v9 (incl. goalie)**

2- 35 minute halves (5 minute half time)

Substitutions: unlimited at stoppages and with permission of referee

Field: Paint lined super 8 field

Net: 6x18 net (on field)

Ball: Size 4

Referee: Referees provided.

Retreat line: 1/3 retreat line

Note: It is important to follow the game format set by BC Soccer/Canada Soccer in regards to players on the field. Following the format allows for players on the field to have more time on the ball and be involved in the play, which will have a positive impact on their development.

Hello U9 Girls Coaches,

Please see below for details on the U9 girls division, and game format as per BC Soccer Long Term Player Development. Please let us know if you have any questions.

Meets: Sundays

Time: See TeamSnap schedule

Game Day format:

Time on Schedule is kick off, warm up to be done prior to kick off

Game: **6v6 (incl. goalies)**

2- 25 minute halves (5 minute half time)

Substitutions: unlimited at stoppages and with permission of referee

Field: Paint lined U10 field

Net: 6x12 net

Referee: Referees provided.

Retreat line: Halfway line

Note: It is important to follow the game format set by BC Soccer/Canada Soccer in regards to players on the field. Following the format allows for players on the field to have more time on the ball and be involved in the play, which will have a positive impact on their development.

Hello U11 Girls Coaches,

Please see below for details on the U11 girls division, and game format as per BC Soccer Long Term Player Development. Please let us know if you have any questions.

Meets: Saturdays

Time: See TeamSnap schedule

Game Day format:

Time on Schedule is kick off, warm up to be done prior to kick off

Game: **8v8 (incl. goalie)**

2- 30 minute halves (5 minute half time)

Substitutions: unlimited at stoppages and with permission of referee

Field: Paint lined super 8 field

Net: 6x18 net (on field)

Ball: Size 4

Referee: Referees provided.

Retreat line: 1/3 retreat line

Note: It is important to follow the game format set by BC Soccer/Canada Soccer in regards to players on the field. Following the format allows for players on the field to have more time on the ball and be involved in the play, which will have a positive impact on their development.

Hello U14 Girls Coaches,

Please see below for details on the U13 girls division, and game format as per BC Soccer Long Term Player Development. Please let us know if you have any questions.

Meets: Sundays

Time: See TeamSnap schedule

Game Day format:

Time on Schedule is kick off, warm up to be done prior to kick off

Game: **8v8 or 9v9 (incl. goalie)**

2- 35 minute halves (5 minute half time)

Substitutions: unlimited at stoppages and with permission of referee

Field: Paint lined super 8 field

Net: 6x18 net (on field)

Ball: Size 4

Referee: Referees provided.

Retreat line: 1/3 retreat line

Hello Coed Division Coaches,

Please see below for details on the Coed divisions, and game format as per BC Soccer Long Term Player Development. Please let us know if you have any questions.

Meets: Saturdays

Time: See TeamSnap Schedule

Game Day format:

Game: 7v7 (incl. goalie)

2- 35 minute halves (5 minute half time)

Substitutions: unlimited at stoppages and with permission of referee

Field: Paint lined super 8 field

Net: on field

Ball: Size 5

Referee: Referees provided.

Note: At this age group, standings are kept, and teams will compete to win the League Title, and Year End Tournament. Teams will be awarded 3 points for a win, 1 for a tie, and 0 for a loss.