Sunshine Coast Y.S.A. (SCYSA)

Game Rules Quick Reference Guide







AGE/DIVISION	FORMAT	MATCH DURATION	BALL	FIELD DIMENTION (WIDTH X HEIGHT)	GOAL SIZE	RETREAT LINE	RESTARTS	SUBSTITUTIONS	OFFSIDE	REFEREE/GAME LEADER
U6	3v3 (no GK)	2×15 min (30 mins)	Size 4	22×30 meters	pop-up nets	Halfway line	Kick-ins/dribble-ins (no throw- ins, no corners)	Unlimited at stoppages	No	Coaches as referees (game leaders)
U7	4v4 (no GK)	2×15 min (30 mins)	Size 4	22×30 meters	pop-up nets	Halfway line	Kick-ins/dribble-ins; corners allowed	Unlimited at stoppages	No	Coaches as referees (game leaders)
U8	5v5 (with GK)	2×20 min (40 mins)	Size 4	30×36 meters	5×8ft nets	Halfway line	Kick-ins/dribble-ins; corners allowed	Unlimited at stoppages	No	Coaches as referees (game leaders)
U9/U10	6v6 (with GK)	2×25 min (50 mins)	Size 4	Paint-lined U10 field	6×12ft nets	Halfway line	Throw-ins; corners allowed	Unlimited at stoppages w/ referee permission	No	Assigned referees
U11/U12	8v8 (with GK)	2×30 min (60 mins)	Size 4	Paint-lined super 8 field	6×18ft nets	1/3 retreat line	Throw-ins; corners; goal kicks	Unlimited at stoppages w/ referee permission	Yes – 1/3 offside line	Assigned referees
U13	9v9 (with GK)	2×35 min (70 mins)	Size 4	Paint-lined super 8 field	6×18ft nets	1/3 retreat line	Standard FIFA restarts	Unlimited at stoppages w/ referee permission	Yes – 1/3 offside line	Assigned referees
U14+	8v8 or 9v9 (with GK)	2×35 min (70 mins)	Size 5	Paint-lined super 8 field	6×18ft or 6x24ft	No retreat line	Standard FIFA restarts	Unlimited at stoppages w/ referee permission	Yes	Assigned referees





Formats

- **U6:** 20-minute activity prior to match (Jamboree Format 1 hour 15 minutes total)
- U7: 20-minute activity prior to match (Jamboree Format 1 hour 15 minutes total)
- U8: 20-minute activity prior to match (Jamboree Format 1 hour 15 minutes total)
- **U9/U10:** Warm-up and play match (Jamboree Format 1 hour 15 minutes total)
- U11+: Warm-up and play match (Team-based or Jamboree Format depending on division 1 hour 15 minutes total)

Things To Note

- U6-U8 train and play on the same day although U8s have an optional midweek training session
- U9-U18 train on a different day and play matches on weekends
- For combined divisions, follow the rules of the majority age group
- Coaches arrive atleast 30 minutes prior to session start to have time to set up
- Players arrive atleast 15 minutes early to be sorted into teams