

Hello U10 Boys Coaches,

Please see below for details on the U10 boys division, and game format as per BC Soccer Long Term Player Development. Please let us know if you have any questions.

Meets: Fridays

Time: See TeamSnap schedule

Game Day format:

Time on Schedule is kick off, warm up to be done prior to kick off

Game: **7v7 (incl. goalie)**

2- 30 minute halves (5 minute half time)

Substitutions: unlimited at stoppages and with permission of referee

Field: Paint lined ¼ sized field

Net: 6x12 portable net

Ball: Size 4

Referee: Referees provided or coaches to ref the game

Retreat line: Halfway line

Note: It is important to follow the game format set by BC Soccer/Canada Soccer in regards to players on the field. Following the format allows for players on the field to have more time on the ball and be involved in the play, which will have a positive impact on their development.