

## **Hello Coed Division Coaches,**

Please see below for details on the Coed divisions, and game format as per BC Soccer Long Term Player Development. Please let us know if you have any questions.

**Meets:** Fridays

**Time:** See TeamSnap Schedule

### **Game Day format:**

**Time on Schedule is kick off**, warm up to be done prior to kick off

Game: **7v7 or 8v8 (incl. goalie)**

2- 30 minute halves (5 minute half time)

Substitutions: unlimited at stoppages and with permission of referee

**Field:** Paint lined ½ field

**Net:** on field

**Ball:** Size 5

**Referee:** Referees provided or coaches to ref