

## **Hello U10-U12 Girls Coaches,**

Please see below for details on the U10-U12 girls division, and game format as per BC Soccer Long Term Player Development. Please let us know if you have any questions.

**Meets:** Fridays

**Time:** See TeamSnap schedule

### **Game Day format:**

**Time on Schedule is kick off**, warm up to be done prior to kick off

Game: **7v7 or 8v8 (incl. goalie)**

2- 30 minute halves (5 minute half time)

Substitutions: unlimited at stoppages and with permission of referee

**Field:** Paint lined ½ field

**Net:** 6x18 net (on field)

**Ball:** Size 4

**Referee:** Referees provided or coaches to ref

**Retreat line:** 1/3 retreat line