

## **Hello U6/U7 Girls Coaches,**

Please see below for details on the U6/U7 girls division, and game format as per BC Soccer Long Term Player Development. Please let us know if you have any questions.

**Meets:** Fridays

**Time:** See TeamSnap Schedule

### **Game Day format:**

15 minute team warm up followed by game

Game: **3v3 (no goalie)**

**All U6/U7 girls teams will be scheduled for the same field. If teams are short players, please combine with other teams.**

2- 20 minute halves (5 minute half time)

Substitutions: unlimited at stoppages

**Field:** Coned field. Use painted sideline/endline of super 8 pitch for lines when available. Max field size of 22 meters width x 30 meters length. See field set up maps to see allotted space per team.

**Retreat line:** Halfway line

**Net:** Pop up net

**Referee:** Coaches to Referee

**Note:** It is important to follow the game format set by BC Soccer/Canada Soccer in regards to players on the field. Following the format allows for players on the field to have more time on the ball and be involved in the play, which will have a positive impact on their development.