

Hello U8/U9 Girls Coaches,

Please see below for details on the U8/U9 girls division, and game format as per BC Soccer Long Term Player Development. Please let us know if you have any questions.

Meets: Fridays

Time: See TeamSnap schedule

Game Day format:

10 minute team practice followed by game

Game: **5v5 (incl. goalie)**

2- 25 minute halves (5 minute half time)

Substitutions: unlimited at stoppages

Field: Paint lined ¼ sized field

Net: 5 x 8 portable net

Referee: Referees provided or coaches to ref the game

Retreat line: Halfway line

Note: It is important to follow the game format set by BC Soccer/Canada Soccer in regards to players on the field. Following the format allows for players on the field to have more time on the ball and be involved in the play, which will have a positive impact on their development.